

# THE WORK FAMILY



Full-time employees typically spend more waking hours with their colleagues than with their loved ones. So how do they cope with being away from home all day? By creating their own little work families.

## THE WORK-FAMILY ARCHETYPES

### ARMCHAIR PSYCHOLOGISTS

**82%** vent to their work family about personal issues



### THE LUNCH-GOERS

**83%** eat lunch with their work family



### THE HUMAN DIARIES

**74%** discuss future dreams with their work family



### THE GOSSIPERS

**73%** share juicy office stories with their work family



### THE COFFEE BUDDIES

**69%** grab coffee with their work family



**56%** say they spend more time with their chosen “work family” than their real family

**83%** say their work family makes them happier

**69%** say they are more successful at work because of their work family

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SOURCES  
<https://www.cnbc.com/2017/12/14/this-study-identified-the-5-people-that-make-up-a-work-family.html>



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